



This photo has been kindly shared with us by High Heskett CofE Primary School and is from one of their CARE Afloat displays

Giving strength: CDEC continues to support schools and communities through COVID

Through the summer lockdown and into the winter, CDEC has continued to provide resources, like our weekly email of activities for teachers and families, and innovative new courses to support schools and community groups – but now online.

This has undoubtedly been a tricky time for everyone, but in particular for our schools and teachers as well as the young people in Cumbria's communities. We at CDEC have witnessed individuals and groups pulling together and staying strong for those they support. And we are proud that we have been part of the network to help people do this.

Responding to the Black Lives Matter movement

The Black Lives Matter movement has awakened our responsibilities to ensure we, and our younger generation, treat everyone fairly and remove what might be unseen obstacles out of the way of black, brown and minority ethnic groups (who are more adversely affected by COVID-19 than other groups) and supporting them to be confident and assured individuals.

Our Same Storm, Different Boats project brings together seven Cumbrian organisations to build partnerships and develop ideas of sustainable ways to help and support Cumbria's black, brown and minority ethnic people navigate through and beyond COVID. See page 5 more news.

Within our communities, we are also working with 11- to 13-year-olds: in Barrow-in-Furness the Reporting the Storm project is helping young people express their lockdown experiences; and in Carlisle the Bubble and Me project is bringing together young black or brown individuals to build confidence (read more on page 4).

Compassionate and Restorative Education (CARE) course

Recognising the long-lasting effect the lockdowns were going to have, particularly on children, CDEC developed the Compassionate and Restorative Education (CARE) approach and course. Where we are providing whole school training, we tailor our approach to each school's needs and desired outcomes.

CARE begins with online face-to-face training of primary and secondary teachers to help them support children and each other, safeguarding their own wellbeing. The associated online toolkit of resources then enables teachers to adopt CARE in the classroom to give students the ability to process their own COVID experience. The final part is a whole-school creative project.

Schools that have taken on CARE so far have seen amazing outcomes; staff feel more confident to help children talk about their different experiences, while also better supporting each other. The whole-school final projects have been brilliant, like High Heskett's featured at the top of the page, and St Herbert's 'Afloat' was a main feature at Keswick Museum between October and December (find a sneak preview here <https://youtu.be/SPdruXGvGXo>), and these schools see this as giving them long-term skills to help their pupils in the months and years to come.

CARE aims to improve emotional health and wellbeing, benefit friendships and other relationships in and out of school, helping our schools – from the headteacher down to the youngest pupil – be more resilient. This is ever relevant. Join us on Thurs 14 Jan on Zoom to meet other schools that have taken part in CARE and see the impact for yourself. If you have any questions or want to book your whole-school CARE course, please email debbie@cdec.org.uk

St Herbert's Afloat exhibition was a dramatic addition to the exhibits at Keswick Museum. Photo: St Herbert's C of E Primary School



Anti-racism work in Cumbria

Since September, CDEC has been working with Anti Racist Cumbria to support schools to become actively anti-racist. A core part of global learning for us is building a fair and more sustainable world. Tackling social justice issues - like racism - is an important element of helping us to achieve this.

Following the Anti Racist Cumbria school's event in October, CDEC co-delivered a series of twilight sessions with schools to support them with a whole-school audit to begin identifying

ways in which schools can build their active anti-racist ethos and practices.

CDEC is also working on resources and training workshops to support schools across Cumbria with practical ideas and approaches to embed active anti-racism.

We would welcome your feedback and calls for support: what would you like to help you with curriculum content, staff training and community buy-in?



Can we offer you and your school anti-racism support?

CDEC Membership

Thank you to all the schools who have signed up to be members of CDEC for this academic year. We continue to offer our rich range of benefits to support global learning, and help you manage emotional health and wellbeing in your schools, as well as continuing our loans of our creative resource boxes.

We are also offering members free whole-school 'Using CDEC's resource boxes' course (Tues 26 January, 4pm) and a place on an open 'Embedding Global Learning in Your School' training session (Thurs 4 February, 4pm); both courses are run online, face-to-face using Zoom and you can book your places here: <https://bit.ly/eventsCDEC>. You can also book onto the next Global Learning Network Meeting which is on Tues 10 Feb, 4pm.

Fairtrade Fortnight

Fairtrade Fortnight is fast approaching and CDEC is working with the Fairtrade Foundation and the Cumbria Fair Trade Network to support schools.

This year the Fairtrade Foundation is running a campaign called 'Choose the World you Want'. We will be able to offer:

- virtual assemblies
- our physical resource boxes, with updated contents from Fairtrade Foundation
- activities and session plans based around the Fairtrade Foundation campaign.



Keep an eye out on our website and social media for information or, if you'd like to register your interest, do get in touch with dan@cdec.org.uk

CDEC Resource boxes are available to loan

CDEC member schools can safely and securely borrow our resource boxes for use with class bubbles. Our whole library of interesting and stimulating boxes is available to loan, including a brand new one for Early Years - Place of Welcome - developed through our Communities of Welcome project.

We have put in place a strict quarantine and cleaning procedure so that the virus isn't inadvertently carried between schools or from ourselves to schools. You can find out more about our boxes on our website here www.cdec.org.uk/use-our-resources/resource-boxes/ Contact Dan@cdec.org.uk to check which ones are free and to book your boxes for this and next term.

Friends of CDEC

It is now possible to become an official Friend of CDEC! Over the last few months, we have developed our Friends scheme so individuals can support CDEC's work by either making a one-off or regular donation to help our work with young people. You can sign up here: www.cdec.org.uk/get-involved/support-us/friends-of-cdec/

We are also offering a FREE will writing service through our partners Farewill. You can find further details here www.cdec.org.uk/get-involved/support-us/will-writing-service/

Sankofa: Storytelling for the digital age nears its conclusion

CDEC's Sankofa storytelling project has been working for two years with schools across three countries in Europe to use traditional storytelling techniques to explore local to global themes. Thanks to funding from Erasmus+, CDEC has led a partnership with three other organisations: Global Learning London, SOSNA from Slovakia and SEVER from the Czech Republic.

Global themes in stories

In each country, teachers have been working with pupils to explore and think critically about stories from the past and present around global themes and have created new stories about the future world they want. To see the comics, films, animations and stories created and the schools involved, go to www.sankofa-storytelling.eu

where they are being shared over the next few months.

Pupils have explored the Sustainable Development Goals (SDGs), developed storytelling and story making skills, practised critical thinking and have used creativity and imagination to make their new stories for a better world. In March, we are holding a series of storytelling workshops that will be open to all. Keep an eye out for dates.

Children use storytelling dice to inspire some great tales



Free resources for all teachers

For teachers who would like to use storytelling as an effective and engaging way of learning see the **Sankofa Learning Guide** created by the partners on the website. This will be followed in 2021 by a practical **Sankofa Teacher Toolkit** with activities and resources for use in the classroom centred around global SDG themes.



Developing stories is an opportunity for children to work together



Co-funded by the
Erasmus+ Programme
of the European Union

A Place of Cumbria's Community Integration project produces valuable resources as its finale

Welcome:



CDEC has just produced an exciting 'Our Community - a Place of Welcome' online resource kit for nursery and Early Years practitioners to support young children and families who use English as an additional language (EAL). This Padlet is available to any setting here <https://bit.ly/PlaceWelcome> and has links to Cumbria Early Years (EAL) resources too. The aim is to help young children using EAL become more fluent and ready for school and for parents to feel more integrated into their local community. Please pass on the link!



Snapshot of the Our Community - a Place of Welcome toolkit

The project comes to an end

This is the culmination of two years' partnership work with AWAZ and Cumbria County Council with the aim of supporting the integration of Cumbria's migrant and resident communities through a community development approach. CDEC worked with five primary schools in Carlisle and South Lakes in 2019 on Place of Welcome workshops and with 34 nursery and children centres practitioners over the two years.

Place of Welcome resource box

CDEC now also has a Place of Welcome resource box which complements the online resources and is available to loan from this January. You can find out more about the box here www.cdec.org.uk/use-our-resources/resource-boxes/. Nurseries can become a member of CDEC at the basic rate to borrow this box and many other Early Years resources, including the World on our Doorstep series.

The resource box contains a wealth of activities, books and practical items for children to engage and play with



Discovered Stories Shared Communities: Momentum is building

After a quiet start to the project in February 2020 as Coronavirus reached our shores, the two-year Discovered Stories Shared Communities project is starting to make its mark in the Workington and Barrow-in-Furness communities. The first part of this project, which is funded by the Big Lottery Community Fund, involved laying the groundwork by building links with other organisations, the local authorities and community members.

Now Gabi, the project officer, is preparing to launch an exciting three-month online training programme on participatory leadership where the aim is to reach consensus and conclusions through working together. The skills that participants will develop through this programme will be essential as Discovered Stories Shared Communities opens up and supports intercultural and intergenerational conversations in the Workington and Barrow areas.

The outcome of this will be a collection of stories, through which we can all listen to people talk about their different experiences as they share what it means to be welcomed, to belong and to be part of the community. This will give everyone the chance to shape and create the atmosphere that we all want to live in. These will all then combine to create the ultimate aim of an online exhibition.

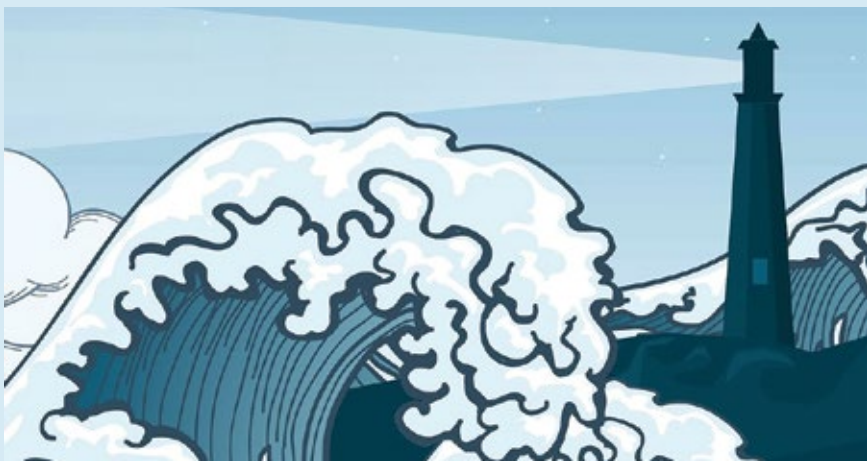


Reporting the Storm: A project engaging with young people in Barrow



What is it like to have school at home? What would you compare COVID with? What would you ask an expert? What is more important, safety or freedom? How did lockdown affect your relationships with other people?

These are some of the questions asked by our young reporters as part of Reporting the Storm, which is kindly funded by Curious Minds. They are practicing their skills with their families and friends before they interview their neighbours and community members. These will then go into an online exhibition next year that forms part of our wider Discovered Stories Shared Lives project.



Bubble and Me

Since December, and until February, we have been working with Tullie House and M-Unit to deliver a youth project called 'Bubble and Me'. It is an opportunity for young people of colour to explore identity, belonging and their sense of community and will result in a series of creative projects that celebrate diversity and give these young people a voice. There will be an exhibition at Tullie House to celebrate the work of the young people.

We are very excited about this project, kindly funded by Curious Minds, and working with these partners. If you are a Carlisle-based school and have black or brown pupils aged 11-13 who might be interested in getting involved, do get in touch with laura@cdec.org.uk



Same Storm, Different Boats

Same Storm, Different Boats is a multi-partner collaborative project providing educational and community support to black, brown, minoritised and new Cumbrians.

The project is designed to bring the seven partner organisations together to use their expertise and experience in arts, education, youth-work, culture, advocacy and campaigning to support expressions of identity and belonging, and to create welcoming and resilient communities. As well as CDEC, the partners include Anti Racist Cumbria, AWAZ Cumbria, Carlisle One World Centre, Furness Multicultural Community Forum, M-Unit, and Multicultural Cumbria.



Building working relationships to support our communities

Our intention is, with thanks to funding from the National Lottery Community Fund and the Government, to build on the alliances and working relationships we already have and create some new ones. This will allow us to become greater than the sum of our individual parts so that we can better support black, brown and minoritised Cumbrians; migrants and refugees both now and for the future.

We are identifying need and creating an evidence base, and running pilot projects, so that we can continue to support and strengthen all of our Cumbrian communities now and for the future! There has never been a better time to celebrate all the ways in which we are connected!

For more information, contact dan@cdec.org.uk



A new project – PLACE – is all set to get going!

This year sees us start a new two-and-a-half-year project, funded by Erasmus+, that offers schools a great opportunity to get involved in cross-borders global learning. PLACE - Paths to Learning: Active Community Exploration - will see us working with schools in Cumbria, and partners in Dorset, Czech Republic and Slovakia.

Tools and resources to support teacher

Our overall aim is to develop a menu of tools and resources that will support teachers in utilising PLACE effectively as an approach to equipping and empowering children and young people as local and global change agents and becoming resilient and healthy global citizens.

Wellbeing is a core focus

We will focus on the 'Five ways to Wellbeing' of connect, be active, keep learning, give to others and pay attention. Children and young people will be empowered, and through increased agency, to be local community change agents, able to think and act on global, inter-connected issues.

Our inter-connected themes for this project include emotional health and wellbeing, and environmental and community sustainability. It will deliver on PSHE, geography, history field work, developing school grounds, pupil voice, citizenship skills and will strengthen your school community.

We are looking forward to working with schools and our project partners in Dorset, Czech Republic and Slovakia to develop resources and approaches. Training with teachers will begin Summer term 2021, so please contact debbie@cdec.org to express your school's interest in taking part.



Photo: Zdravko Markovic from Pixabay



#CumbriaP4Cis25 May Conference

Our celebration of all things Cumbrian P4C continues and the informative and fascinating Cumbria P4C newsletter was published in September (find it here www.cdec.org.uk/our-focus/p4c/). The festivities will end with a rearranged, now online, Transformation and Innovation conference for teachers and trainers on Wednesday 19 May 2021. We are working with the University of Cumbria, Philosopher's Backpack and Little Chatters to bring you this event and are looking forward to hosting some thoughtful speakers whilst running some exciting workshops.

Book your place here <https://store.cumbria.ac.uk/product-catalogue/general/conferences-events/celebrating-25-years-of-p4c-in-cumbria-transformation-and-innovation>



In Conversation With ...

Our informal webinar series with a range of experts in their field continues this year. To book your place, head to our Eventbrite page at <https://bit.ly/eventsCDEC>

Weds 27 January 4-5pm Heather Devey and the Cumbria Beaver Project

We are delighted to be hosting Heather Davey from the Cumbria Beaver project. She'll be explaining why beavers are a good thing for Cumbria's environment, sharing opportunities for schools and ways teachers can use the project to introduce and talk about climate change, biodiversity, conservation and nature-based local solutions to wider problems like flooding.



Photo: Cumbria Wildlife Trust

Thurs 11 February 4-5pm Ian Long and his Blobtrees

Come along to hear how you can use Blobtrees as an assessment tool, and a way of helping your children talk about difficult subjects.

Wednesday 25 February 4-5pm Debbie Watson on storytelling for resilient and visionary global leaders!

Debbie is joining us to share her wide experience of using storytelling to strengthen pupil voice and shed light on the Sustainable Development Goals, the combination of which fosters resilience and vision in our pupils to nurture tomorrow's global leaders. The session will also include activities that you can take away to use with your class at school.

Online training events coming up

To book onto any of these events, head to our Eventbrite page at <https://bit.ly/eventsCDEC>

Thurs 14 Jan, 4.00-4.30pm CARE Celebration and Review

Join us and the schools who have been part of our CARE approach to explore what it has been like to use CARE in school and to learn about its impact.

Tues 26 January, 4.00-5.00pm Using CDEC's Resource Boxes (members only)

Come along and find out what is in a resource box, hear about our new boxes and discover how to use them to complement your existing lessons.

Thurs 4 February, 4.00-5.30pm Embedding Global Learning in Your School (Free to members)

Are you starting your global learning journey? Book on to find out what global learning is and how you can use it in your school to enrich your pupils' learning and contribute to making them responsible world citizens.

Tues 10 February 4.00-5.30pm Global Learning Network Meeting (Free to members)

Join us for a gathering of teachers with an interest in global learning. We will talk about CDEC's projects and how you can get involved, courses that you want us to run, and gain support for your global learning in school. There will be a chance to ask questions and to give us your thoughts on some of our ideas for the future.

March Sankofa: Storytelling for the Digital Age Workshops

Come to these interactive and practical workshops where we will explore the power of storytelling to engage and empower young people. There are three different ones in total each lasting 45 minutes.

How can my school become a member?

If your school is not a member of CDEC but you want to come to any of these events, please ask your school to join. Membership is £40 for primary schools with under 50 pupils, and £75 for those with over 50 pupils and secondaries with under 300 pupils; membership for secondary schools with more than 300 pupils is £100. If your secondary school department would like to join, please contact dan@cdec.org.uk

A bit about us!

Who are we?

Cumbria Development Education Centre (CDEC) is a small, Cumbria-based charity with a big heart, an established track record and big ambitions to influence and promote global citizenship throughout Cumbria, nationally and internationally. We believe that Cumbria is a beacon for global citizenship.

What do we do?

CDEC works hard to give schools, communities and businesses in Cumbria the chance to engage with the wider world in order to understand and to take responsibility for their own place within it.

CDEC does this through working with schools, communities and businesses by:

- delivering continuing professional development (CPD) and corporate social responsibility (CSR) training as well as classroom and workshop sessions for children and young people
- providing advice, a network of support and resources for schools and organisations
- running community-based projects that engage and support those living in Cumbria
- working in partnership with a range of organisations to encourage thinking about, and action on, local and global issues.